

The Search for Chemical Free Cigarettes

Contributed by Webmaster
Friday, 21 November 2008
Last Updated Friday, 21 November 2008

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Cut Cigarette Use and Never Empty an Ashtray Again

Smokers, and people in general, have been aware of the potential health risks and social stigma associated with tobacco for many years, but of all the complaints about cigarettes, few people are aware how much extra cleaning the average smoker's household requires. Smoking adds up, not just in terms of your health and that of those around you, but through the extra effort required to keep your house at the same level of cleanliness as the general non-smoking home. Many smokers wish to seriously cut cigarette use, but that's just not possible for some.

Aside from all the other daily tasks associated with running a household, smokers also have to worry about ashtrays and air quality. Though it is a relatively simple process to clean and empty an ashtray, it usually needs to be done at least once a day, which can really build up. Combine this with the fact that most smokers use more than one ashtray as they move about the house, and the task begins to add up.

Even if you only have one ashtray to worry about, it can still be a trial to clean it properly. Just about every smoker has narrowly avoided spilling an ashtray on him or herself, only to drop it onto the floor, or vice versa. After wiping one tray out, your fingers can smell like ash for hours, and this says nothing about the actual danger in ashtray maintenance. The fuller one gets, the higher the chance that there are still some burning embers from the last cigarette in the pile. It only takes one ember to set a whole trash can aflame. The fact is that most smokers are used to double-checking both the ashtray and the trashcan for smoke, and many have probably put out a small fire or two.

The Other Concern with Smoking

Along with all those ashtrays to empty comes an additional cleaning concern: Air quality. No one wants to live in a house full of smoke, especially if they have children. Standard HVAC and air conditioning units do nothing to purify the air, so most smokers invest in a humidifier or air filter. This is to say nothing about the lingering smell of cigarette smoke. Effective air fresheners can be expensive, and it is often necessary to neutralize the air before the smell of cigarette smoke can be covered up. Between concerns about air quality and the extra cost of filters and air fresheners, it is easy to see why most smokers want to cut cigarette use. Most smokers simply want to enjoy a cigarette without worrying about the repercussions of their actions. While it is impossible to negate or forget the potential health dangers associated with nicotine, by using an alternative smoking device, you can enjoy your habit without worrying about emptying ashtrays or deteriorating air quality.

Cut Cigarette Use By Experiencing The Electronic Cigarette Difference

Fifty-One, a leading manufacturer of electronic cigarettes, simulates smoking through the inhalation of an odorless vapor containing a certain amount of nicotine. This means that you get the drug you are used to, delivered in a way that feels very similar to smoking tobacco cigarettes. You even have the opportunity to experience it without any other chemicals and carcinogens. Studies show that the majority of smoking-related diseases are actually caused by the natural chemicals in tobacco, as well as several added by cigarette companies. Fifty-One is safer for you than smokeless tobacco and dip, as there is far less risk of contracting mouth or throat cancer. Not only might electronic cigarettes be the safest tobacco alternative available, they are completely harmless to those around you. The only other ingredients in the smoke-like mixture are water vapor and propylene glycol, a food coloring additive used to make the vapor more closely resemble smoke. Since most of the nicotine is absorbed into your lungs, the vapor you exhale will be undetectable except by sight.

Considering all of these factors, it is not difficult to imagine why the United Kingdom has recently ruled electronic cigarettes to be legal anywhere that cigarettes are not. Most smokers, upon walking into a building, start looking for ashtrays and signs about where or if smoking is allowed, but it is getting harder and harder everyday to find public places that allow you to smoke tobacco cigarettes indoors. Even your non-smoking friends probably ask you to go outside to have a cigarette. If you have children, it only becomes more difficult to find a place to smoke. With Fifty-One electronic cigarette, however, you can cut cigarette use and enjoy a smoke whenever you want without worrying about how people will react. Electronic cigarettes are also cheaper than tobacco cigarettes. After the initial purchase of a start-up kit, nicotine cartridges (each equivalent to about a pack and half of regular cigarettes) are just under fifteen dollars per five pack, or about three dollars each. This means that a pack of electronic cigarettes costs about two dollars, at least half of the average price of a pack of tobacco cigarettes. Each start-up kit contains everything you need to start smoking Fifty-One, including two batteries, a charger, the atomizer, and two nicotine cartridges; among electronic cigarette companies, Fifty-One is extremely competitively priced.

It makes sense to smoke electronic cigarettes for a variety of reasons, not least of which are the health and monetary benefits. There is also the added bonus of never having to empty an ashtray or put out a trashcan fire again. You might want to keep your ashtray around for smoking friends who have not yet learned of the benefits of the Fifty-One electronic cigarette, but you will not need to use it yourself. With no ash, no flame, and no first or second hand smoke to irritate and damage the lungs, electronic cigarettes are becoming more and more popular every day. Once you try Fifty-One e-cigarette, you will probably find it very difficult to go back to harsh, socially restrictive tobacco cigarettes.

Sharon Cap is author of this article on Electronic Cigarette.

Find more information about Smoking Bans [here](#).